From the Principal...

With the last couple of weeks approaching for this term, teachers and students are in assessment and report card writing time. Can I ask you let your child’s teacher know if your child is away ahead of time as we have learnings and tracking data to complete before the end of term. Thank you for your support.

Parent-teacher interviews

These are offered to parents in week 9 & 10 of this term; please see sign up sheets on classroom doors for your convenience. In these meetings teachers will discuss how your child is going and ways to assist them. I encourage you to go along to be partners in your child’s development.

Report cards

Report cards will be sent home week 10 Wednesday 26th June.

Report cards outline student achievement and progress for each learning area/subject undertaken, at a point in time.

It outlines:

- the learning expectations
- the student’s achievement against expected standards
- how well the student is engaging with the expected learning
- how the student may be able to improve

We do a variety of assessments and monitoring throughout the semester; report card results reflect grades awarded from assessments aligned to the Australian curriculum.

By coming along to parent-teacher interviews you may also discuss your child’s goals, informal assessments, teacher observations and ways to move forward.

So if you are not in regular contact with your child’s teacher then please sign up for a parent-teacher interview.

Friday 14th June – “living with challenges”

Hoping all our families come along to support this event with an open mind.

I would like in advance to thank our guest speakers, especially our parent ones, as it is with courage and trust they share their stories.

4:00pm - Principal welcome & unpacking of what disability means according to the law.

4:10pm - Guidance Officer: inclusion in the classroom and factors that our children deal with today

5:00pm - Video on autism

5:05pm - Nikki

5:35pm - Naturopath/Personal trainer Lisa Howard from Spring into Wellness with Lisa Marie.

6pm - Tanisha

6:30pm - Words from Callum Barlow

7pm - Thanks from Principal

Dinner – thank you P&C (especially Debbie for your organisation)

Term 3 changes

As you would be aware, next term you will have a new teaching Principal. I have enjoyed my time here (5 years combined) and have thought fondly of Comet students and their families as we’ve worked together in the best interests of our students / children.

Change in our lives occurs at home and at school. We can either resist or have a negative mindset around this or we can choose to prepare ourselves for this change and have a positive outlook.

One way we can prepare our students / children is to have discussions around “after the change – what things will be similar and what things will be different”. As P-2 class will have a new teacher we will be doing things like

<table>
<thead>
<tr>
<th>At school I am looking forward to:</th>
<th>At school I might need help with:</th>
<th>Something important I want to tell my new teacher:</th>
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Woolworths Earn & Learn stickers
Please be reminded to bring them in or drop them off into Comet’s earn and learn box at old or new Woolworths.
Mrs Ash has the booklets where you stick on the stickers please grab some more if you need them.
Thanks Mrs Ash for co-ordinating this.

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Week</th>
<th>Event</th>
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<tr>
<td>June</td>
<td>Wed 5th</td>
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<td></td>
<td>Wk 9 &amp; 10</td>
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<td>Wed 26th</td>
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<td>Fri 28th</td>
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<td>July</td>
<td>Mon 15th</td>
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<td>Wk 1 &amp; 2</td>
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<td>30th July – 23rd Aug</td>
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<td>August</td>
<td>Wk 7 25-31st Aug</td>
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<td>September</td>
<td>Wk 8 4-6th</td>
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<td>Fri 6th</td>
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<td>Wk 9</td>
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<td>Mon 9th</td>
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<td>Fri 20th</td>
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Farm safety calendar competition
ENTRIES need to be back at school no later than week 10 Monday 24th June.

ICPA sports camp years 4-6
Registrations for the Clermont ICPA Sports Camp are closing next week on Friday 21 June or sooner if places are filled.

Families are reminded that all forms and payment need to be in by this date. Forms will not be processed without payment.

Also all families must be current financial members of an ICPA branch to attend camp. The sports camp committee will not be chasing families for ICPA membership. Children will not be able to attend Sports Camp if families are not current financial members.

Cheers
Amanda Clark
Clermont ICPA Sports Camp Treasurer / Admin
Amanda Clark
M 0427 835 298
clermonticpasporscamp@gmail.com

Student awards

<table>
<thead>
<tr>
<th>Week</th>
<th>Student of the week</th>
<th>5 C's Gotcha’s</th>
<th>Principal’s award</th>
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<tbody>
<tr>
<td>6</td>
<td>Dominic Guy</td>
<td>Cooper York</td>
<td>Tyron Smith</td>
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<tr>
<td></td>
<td>Nathan Parnell</td>
<td>Tyron Smith</td>
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<tr>
<td>7</td>
<td>Hattan Young</td>
<td>Bobby Parnell</td>
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<td></td>
<td>Lloyd Young</td>
<td>Jye Hartwell</td>
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</tbody>
</table>

Congratulations students on your achievements – super effort

Terry’s Roster
Monday morning 8:30-11.00am.
Thursday 8:30 – 4pm
Please make payments during these times.
Thank you.
Terry - Admin officer

Reef Guardian lesson P-2
Last Friday the P-2 had an amazing opportunity to be part of a videoconference learning about the Great Barrier Reef. We had around 120 students from between Cooktown to Bundaberg connect through and learn about the Great Barrier Reef through an underwater adventure.

Fun fact: the total combined distance of school connecting was 3578km which equates to 1.5 times the length of the Great Barrier Reef!

Check out the link below for WIN news clip about this lesson WIN News:
https://www.facebook.com/WINNewsTownsville/videos/485956282149841/?v=485956282149841

Staffing changes term 3
Mrs Lucas away week 1 & 2
Mrs Ash away 30th July – 23rd August

Mrs Ash will be supporting the P-2 class in week 1&2 to ensure familiarity for our students and to support the new teaching Principal in that class.

Week 1 (end of week 1) – 6
Mrs Kylie Lavis will be supporting 3-6 class Thursdays & every second Friday
Currently looking for additional replacement for Mon-Wed.

Please be encouraged to come and see me if you have any queries or concerns.
We are a team together.
Kind regards
Miss Kellie Dobson
COMET RODEO AGM

Wednesday 26th June
7.30pm @ McGhees Place

Comet State School P & C

The President Position is open for nominations.
Voting will be held at the next meeting which is 26th June 3.15pm @ school.

COMET STATE SCHOOL
P&C INITIATIVE

Living with Challenges

Guest Speakers
Guidance Officer - Jolie
Autism Coach - Marie
Naturopath/Fitness - Lisa Marie

Parents - Tanisha & Nikki

Dinner will be Provided by the P&C.

JUNE 14TH, 2019
14 - 7PM
COMET STATE SCHOOL

ALL WELCOME TO ATTEND

CHILDREN are welcome to attend.
The Personal and Social Capabilities at Comet State School.

Update: new research links self-regulation with greater resilience in young people.

Researchers have analysed whether self-regulation would be a good predictor of resilience.

In fact, the relationship was significant as learning from mistakes was a major predictor of resilience, in particular coping and confidence, tenacity and adaptation as well as tolerance to negative situations. The study shows that helping these young people to bounce-back from adversities by acquiring self-regulation skills such as setting goals and adjusting their path after a misstep, equips them better to do well in school and in life.

The results according to Professor Artuch-Garde illustrate "the importance of working on students’ strengths that go beyond the academic or technical areas and which help them to cope positively with the adverse situations that they encounter in their lives."

https://www.sciencedaily.com/releases/2017/05/170529101502.html

Higher academic achievement is more likely when interventions include self-regulation components. - Blair & Raza, 2007

Self-regulation abilities have a stronger correlation with school readiness than IQ or entry-level reading or math skills. – Blair, 2002-2003; Normandeau & Guay, 1998

At any school, all students have different ways of communicating when they are struggling to meet social, behavioural or academic expectations that are being placed on them. These behaviours can be easily seen and heard ‘big’ reactions or less noticeable behaviours like the few examples shown in the cartoons below. Yet all of these behaviours show that our students have a problem that they may need to collaboratively problem-solve.

At Comet State School we are aware that emotional and behavioural self-regulation contributes to a child’s growing independence, resilience, academic and social success. It is important that children are able to manage their own emotions, energy, behaviours and attention in ways that are socially acceptable and that help achieve positive goals, like maintaining good relationships and focusing on their learning. In 2019 we are implementing the ‘Zones of Regulation’ curriculum created by Leah Kuypers, MA.Ed, OTR/L. This curriculum is evidence-based, current and highly utilised by professionals from many different fields working with children.

The Zones of Regulation incorporates Social Thinking® concepts and numerous visuals to teach students to identify their feelings/level of alertness, understand how their behaviour impacts those around them, and learn what tools they can use to manage their feelings, states and to solve problems. At Comet SS we are implementing the Zones of Regulation across the
school as a strategy to assist our students in developing skills to maintain and improve their mental and social well-being.

The Zones of Regulation educates students about:

- Emotional language.
- Recognising Body Clues to determine emotion in self and others.
- Expected and Unexpected behaviours.
- Good thoughts versus uncomfortable thoughts.
- Perspective taking of self and others behaviour and thoughts.
- Social Behaviour Mapping.
- Size of the problem, reaction & developing a solution.
- Sensory Support tools.
- Calming techniques.
- Thinking strategies.

The Four Zones: Our Feelings & States Determine Our Zone

The **Red Zone** is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, explosive behaviour, devastation, or terror when in the Red Zone.

The **Yellow Zone** is also used to describe a heightened state of alertness and elevated emotions; however, one has some control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.

The **Green Zone** is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.

The **Blue Zone** is used to describe low states of alertness and down feelings, such as when one feels sad, tired, sick, or bored.
MEETING OPENED: - 4:13pm

APOLOGIES: Jess, Bill and Steve.

PREVIOUS MINUTES
Minutes were read and accepted.
Moved: Deb Seconded: Kath CARRIED

BUSINESS ARISING
Tennis Court Lights: Debbie will be applying for the CHRC grant in August. 2 x lights + tennis net. Maybe a basketball hoop. Waiting on quote from All Saints.
P&C Assets Register: work in progress.
Keys for Canteen: Have not been found. Will need to inform the Show Society and ask if maybe we can’t get another set cut. Ring Greg and see if that’s okay.
Containers for Change: Our cranky cleaner (Kath) has asked, can we please make sure cans only go in the can wheelie bin. Student council are writing letters to show society and Ensham to ask if they can have a can container there.
Books for Auditor: Peter Maundrell were unable to audit our books. It was agreed at the AGM to go with Accounting & You.
Mother’s Day Stall: We made $285.00. Thank you, Tanisha.
Student Council: is running great. Students are really involved. Debbie has asked if it’s possible to purchase badges for all the kids on student council. Previously they were only given to students in Grade 3-6. Mark and Tanisha have kindly offered to purchase student council badges for everyone this year. If badges are lost it is parents who will have to pay for replacement. Thank you, Young Family.
Goonoo meat: more coming.
Easter Raffle: we made $1290.10.
Working Bee/Gutters: a bigger notice will be put in the undercover area at the front gate.
Emerald Rodeo: $1500 for the bar. There was much decision on whether or not this is still a viable fundraiser for the P&C. Somewhere concerned with the responsibility and accountability put on our shoulders if something were to go wrong. Others found it to be an easy fundraiser because we have very little output on purchases. If we let this fundraiser go, we won’t get it back. This means we would also lose the Aggrow Rodeo as well. That’s $2500 for 2 nights. We do need VOLUNTEERS. We need to ask if the Comet Show Society would be interested in helping or taking over our commitment.
May Day Catering: has been cancelled.
Comet Show: We have showbags for sale, Kath will need some help. $6-$8
P&C Professional Development: Fernborough State School P&C hosted the event and Evan & I found it very helpful and encouraging. Would encourage everyone to attend one for insight into how P&C’s work.
Eisteddfod: Tanisha is super excited about eisteddfod this year. Friday afternoons will be for practice. Dani mentioned that maybe Jye might come and play his guitar. This is great for encouragement and sense of achievement.

CORRESPONDENCE IN
- Email from The Healing Foundation $700 grant
- P&C Checklist
- ICPA sports camp information
- Fundraising Directory Planner
- 2019 Mr Showbags catalogue
- Living Fundraiser flyer
- Design a Brick flyer
- Picture Plate fundraiser
- Tea towel fundraiser

CORRESPONDENCE OUT
- Letter to P&C Qld – Audit books
- Tax Invoice to CHDC for breakfast at Bar H Grazing

Moved: Kylie        Seconded: Debbie        CARRIED

TREASURERS REPORT
- Main acct balance @ 30th April - $45603.76
- Catering card balance @ 30th April - $194.97
- Audit – Help has been offered to us in getting the books ready for auditing.
- Jolly Socks – reminders have been sent out for outstanding balances.
- Banked - $1500 Emerald Rodeo + $34.40 tips
- Banked - $1290.10 Easter Raffle

Move Kath “that we run catering solely out of the Catering Account.” Unanimous. CARRIED

Move Kath “that the following cheques/items to be passed;
- P&C Qld Insurance        $586.95
- Comet – Teacher           $20000.00
- Teacher Aide (Goonoo)     $6000.00
- Smart Gift Ideas          $153.60
- Whitehouse Group          $18.30
- Ergon Energy              $83.60
- Emerald Trophies          $95.45
- Showbags                  $242.55

Report and Cheques Ratified        Moved: Kath        Seconded: Jenny        CARRIED
PRINCIPALS REPORT

Gindie Sports Day – Marquee – Evan and Debbie will take it over in their trailer, Mark and Tanisha will bring it back.

Eisteddfod – Dates – Term 3 4th, 5th & 6th September, it will be held in Emerald this year.

Capella Cultural Centre – Move Dani “that we use the money raised from Breakfast and $100 boards to go towards a day out at Capella, ICPA sports camp and Canberra Camp if anyone goes.” Seconded by Rebecca CARRIED

School Logo – Kylie Wilconson has offered to do a free logo design. Agree this would be fun to see what she comes up with. Nothing needs to be done with it.

Principal Position – Kellie will be leaving at the end of term. The Principals position will be advertised, we will need a representative on the interviewing panel. The position is for an Acting Principal for 18months, as yet the position is not a permanent position. P&C members are encouraged to think about questions or thoughts to go to the interviewing panel. A meeting can be held before first phone call to discuss questions and to see who would like to be our representative.

Principals Report Moved: Kellie Seconded: Fay CARRIED

GENERAL BUSINESS

Agrow Rodeo – Saturday 22nd June. Zoie to see if the Comet Show Society if they would help or take our place.

Comet Show – The Show Society would like to use our pie warmer this will need to signed out. They are also using the freezers so all of our meat is in Kath’s freezers until after the event. Move Kath “that the show society be able to use our pie warmer.” Unanimous CARRIED

Laptop/Portable hard drive – Everyone agreed it was worth getting quotes for the next meeting.

Plastic bags – Tanisha found out that we are no longer able to use plastic bags for any of our fundraising events. Apparently, you can be fined.

Memberships – Debbie moves ”that the applications for membership as received be accepted.” Seconded by Evan CARRIED

Thank you to those who attended the meeting.

NEXT MEETING: Wednesday 26th June @ 3:15pm
MEETING CLOSED: 5:50pm

PRESIDENTS SIGNATURE........................................................................DATE........................................................................

SECRETARYS SIGNATURE........................................................................DATE........................................................................